

The Perrin Technique for the osteopathic diagnosis and treatment of Chronic Fatigue Syndrome/ME & Fibromyalgia 2017

Dr Raymond Perrin DO (UK), PhD. Registered Osteopath
Neuroscientist and Specialist in Chronic Fatigue Syndrome/ME.
Hon. Senior lecturer – Allied Health Professions Research Unit, The
University of Central Lancashire, Preston, UK.

Vice Patron - The British School of Osteopathy

The planned 2 day workshops are accredited accreditation for CME/CPD. It fulfils seven core CME competencies:

1. Osteopathic Philosophy/Osteopathic Manipulative Medicine – The Perrin Technique is entirely based on the application and the teaching of knowledge of accepted standards in osteopathic manipulative treatment appropriate to the treatment of CFS/ME , CFIDS and fibromyalgia. Future planned refresher workshops and newsletters will ensure that the practitioners remain updated with the latest developments in the field of CFS/ME.
2. Medical Knowledge – The workshop will amply demonstrate and apply knowledge of accepted standards of clinical medicine with the other current treatments being examined and discussed.
3. Patient Care – There will be hands on practical teaching of the physical examination and treatment of CFS/ME and fibromyalgia. By the end of the workshop, delegates will have been taught and be required to demonstrate the ability to effectively treat patients and provide medical care that incorporates the osteopathic philosophy, patient empathy, awareness of behavioral issues, the incorporation of preventive medicine and health promotion.
4. Interpersonal and Communication Skills – This is so important in the field of CFS/ME and fibromyalgia. The workshop will show how by explanation of what we now know to be occurring with this disease interpersonal and communication skills enable a physician to establish and maintain a much better professional relationships with patients, families, and other members of health care teams.
5. Professionalism – The workshop will go through the case studies of a variety of the hundreds of CFS/ME and fibromyalgia patients treated by Dr Perrin and will emphasize the practitioner be cognizant of physical and mental health in order to effectively care for patients.
6. Practice-Based Learning and Improvement – The entire 2 day workshop will be dedicated to demonstrate the ability to critically evaluate methods of clinical practice, integrate evidence based medicine into patient care. The previous and present research trials undertaken by Dr Perrin with leading scientists from some of the top universities in the UK will be discussed.
7. Systems-Based Practice – this is covered in day 2 of the workshop which will be practically based showing the delegates how to provide effective and qualitative patient care practice cost effective medicine to improve the quality of life in patients with CFS/ME and Fibromyalgia.

UK Workshop

A 2 day workshop will include the anatomical and physiological background to Dr Perrins method of diagnosis and treatment of CFS/ME incorporating hands-on examinations of patients and practical demonstrations of diagnosis and treatment.

The practitioner will be trained to a level proficient enough to manage CFS/ME patients in their practice.

All applicants for Perrin Technique workshops / seminars who wish to become

franchisees must be a registered osteopath or a registered chiro-practitioner or chartered physiotherapist.

All practitioners must have a basic working knowledge of cranio-sacral techniques and must all have hands on clinical experience of at least a year in practice.

The next course is at our Prestwich Clinic, 83 Whittaker Lane, Prestwich, Manchester M25 1ET

on **Sunday May 14th and Monday May 15th**

CONTACT ELAINE AT THE PERRIN CLINIC TO BOOK ALL UK CO
info@theperrinclinic.com

or phone

FROM UK 0161 773 0123 FROM ABROAD 0044 161 773 0123

At present over 1000 sufferers across the UK receive The Perrin Technique from around 60 licensed practitioners. The demand for this treatment is growing in Europe and the rest of the World as seen by the increasing number of emails receive from patients abroad.

According to the National Alliance for Myalgic Encephalomyelitis in the US ,recent research has the number closing in on a million Americans, with similar statistics in other countries in proportion to their population. ME/CFS affects more Americans than AIDS, lung cancer and breast cancer combined, more people than have multiple sclerosis or cystic fibrosis, and latest estimates place economic impact of ME/CFS in the U.S. at \$22 - \$28.6 billion annually. More importantly, nearly 90% of patients have not been properly diagnosed. Recovery rate is poor, estimated between 5% and 10% of patients attaining total remission. Patients can be as functionally impaired as those suffering from diabetes, heart failure and kidney disease, and are often as severely disabled as those with heart failure, late-stage AIDS, MS, patients undergoing chemotherapy, and COPD (chronic obstructive pulmonary disease).

The planned course timetable is as follows:

The Perrin Technique™

TRAINING SEMINAR

Course Lecturer: Dr Raymond N Perrin D.O., PhD

Registered Osteopath, Neuroscientist and Specialist in Chronic Fatigue Syndrome

THE PERRIN TECHNIQUE WORKSHOP

DAY 1 THEORY

9.00 am Registration/Coffee

9.30 am Applied Anatomy and physiology of the sympathetic nervous and neuro-lymphatic systems.

11.00 am Tea/Coffee break

11.15 am The pathogenesis of CFS/ME

1.00 pm Lunch

2.00 pm Film show 'The Perrin Technique'

2.30 pm Diagnosis (with a full consultation with a CFS/ME patient)

4.00 pm Tea/Coffee break

4.15 pm Current Management and Treatment of CFS/ME

6.00 pm Close

DAY 2 PRACTICAL

9.00 am Coffee

9.30 am Practical training: Examination and diagnosis.

11.00 am Tea/Coffee break

11.15 am Practical training: Treatment

1.00 pm Lunch

2.00 pm Practical training: Treatment cont. Plus exercises and management advice.

4.00 pm Tea/Coffee break

4.15 pm Workshop summary: Questions and Answers Session

5.00 pm CLOSE