

NHS RESEARCH COMPLETED JULY 2016

July 2016 marked the end of the NHS research project into the physical signs that The Perrin Technique uses as an aid to diagnosis.

Examining the accuracy of a physical screening technique for Chronic Fatigue Syndrome/Myalgic Encephalomyelitis: A blind controlled study

Our thanks to those involved in the study: Lucy Hives, Alice Bradley, Prof Jim Richards, Prof James Selfe and Dr Chris Sutton from UCLan; NHS Consultants Tarek Gaber, Bhaskar Basu, Annice Mukherjee; Osteopath Kerry Maguire and Physio Gail Sumner; the staff of the NHS trusts especially Sandra Latham of the R&D department of Wrightington Wigan and Leigh NHS trust; The F.O.R. M.E. Charitable Trust; Patients and their families and fellow practitioners for all their efforts to raise the funds for the research; The local ME patient support groups in the North west who helped with the advertising for the research. And a special mention to volunteer Elaine Higson who acted as receptionist for all the research clinical days.

The results of the blind controlled trial conducted by the University of Central Lancashire in conjunction with three NHS trusts and funded by The F.O.R. M.E. charity which was a success will hopefully be published in a major medical journal in 2017 and they will be worth waiting for!.....Watch this space.



